**NOTTS COUNTY FOOTBALL CLUB - VACANCY**

**JOB TITLE: Academy Strength & Conditioning Coach**

**HOURS OF WORK: Nominal 40 hour working week**

**REPORTING TO: Academy Manager**

**CONTRACT: Permanent – subject to 3-month probationary period**

**LOCATION: Meadow Lane, Nottingham**

**PURPOSE OF THE ROLE**

Working as part of the Sports Medicine and Science team; to be responsible for the physical testing, development and education of the Academy players.

**KEY RESPONSBILITIES**

* Plan, deliver and evaluate strength conditioning sessions with the U18s squad and occasionally the U16s
* Oversee and advise the Youth Development and Foundation Phase Lead Coaches upon the appropriate physical development training for these respective age groups
* Plan, deliver and report on the physical testing of all Academy age groups at least 3 times per season as per EPPP guidelines and aligned where appropriate with the Professional Squad’s testing
* Work closely with the Academy Physiotherapist, Academy Sports Therapist and other relevant sports science staff to ensure a multi-disciplinary approach is delivered to all injured Academy players during their rehabilitation
* Work closely with the full-time coaching and sports science staff with the planning of the U18s squads training schedule ensuring the program is multi-disciplinary
* Work closely with the medical staff to ensure relevant physical load information (e.g. RPE) for the U18s squad is collected daily and this information is fed back to the coaching staff in an appropriate reporting format
* Ensure that each Academy player’s physical information is accurately recorded on the PMA system and that these records are up to date
* Look to expand the sports science and medical department’s knowledge by attending appropriate CPD courses and feeding these insights back to the staff
* Look to build on our existing relationships with relevant Universities such as Nottingham Trent University to further expand the academic knowledge available to the Academy
* Other appropriate duties as required by the Academy Manager

**TECHNICAL SPECIFICATION**

**Essential**

* Degree in Sports Science or relevant discipline
* Experience of planning, delivering and evaluating strength conditioning sessions within a team sport

**Desirable**

* UKSCA Accreditation
* Post Graduate qualification in relevant discipline
* BASES Accreditation
* Experience of working in a professional football academy
* Clean Driving License

PERSON SPECIFICATION

* Recent and relevant experience in a sporting environment
* Experience in working in a team sport
* Valid Safeguarding certificate
* Experience of using the PMA System
* Experience in working under the Elite Player Performance Plan Guidelines (EPPP)

**HOW TO APPLY**

If you wish to apply for this role please submit a CV, completed application form and covering letter to Beverley Markland, Human Resources Director, at Meadow Lane, Nottingham, NG2 3HJ or by email to [beverley.markland@nottscountyfc.co.uk](mailto:beverley.markland@nottscountyfc.co.uk) before the closing date.

**CLOSING DATE**

* The deadline for all applications will be close of business (5pm) on **Friday 19th October 2019**
* Any applications received after this date will not be considered for the role.
* Applications must be supported by a letter detailing why the applicant believes they are a suitable candidate for the post and be accompanied with an up to date CV.

The appointment of the successful candidate will be subject to two professional/personal references to the satisfaction of Notts County Football Club.

Notts County Football Club is an equal opportunity employer. Notts County Football Club is committed to ensuring equal opportunities, fairness of treatment, dignity, work life balance and the elimination of all forms of discrimination in the workplace for all staff and job applicants. The employer aims to create a working environment in which all individuals are able to make best use of their skills, free from discrimination or harassments and in which all decisions are based on merit.

It is Notts County Football Club’s policy to treat all workers and job applicants equally and fairly irrespective of their sex, marital status, civil partnership status, trans-gender status, sexual orientation, race, colour, nationality, ethnic origin, national origin, culture, religion, age or disability.