



NOTTS COUNTY FOOTBALL CLUB

Foundation Phase 2023/24

1862



ACADEMY VISION <<

The vision of the Notts County FC Academy is to create a safe learning environment that reflects our core values and allows all people to reach their own potential.

We use a holistic approach in shaping the development of players in all phases to achieve our mission.



ACADEMY MISSION <<

The mission of the Notts County FC Academy is to:

- Develop players into our own First Team.
- Develop players with sell on value.
- Develop players to play football at their highest level.
- Develop people to serve the Football Club and the Community.

>> ACADEMY CORE

VALUES

RESPECT.

“due regard for the feelings, wishes, rights, or traditions of others”

TRUST & HONESTY.

“firm belief in the reliability, truth, ability, or strength of someone or something”

ACCOUNTABILITY.

“an obligation or willingness to accept responsibility or to account for one's actions”

CONSISTENCY.

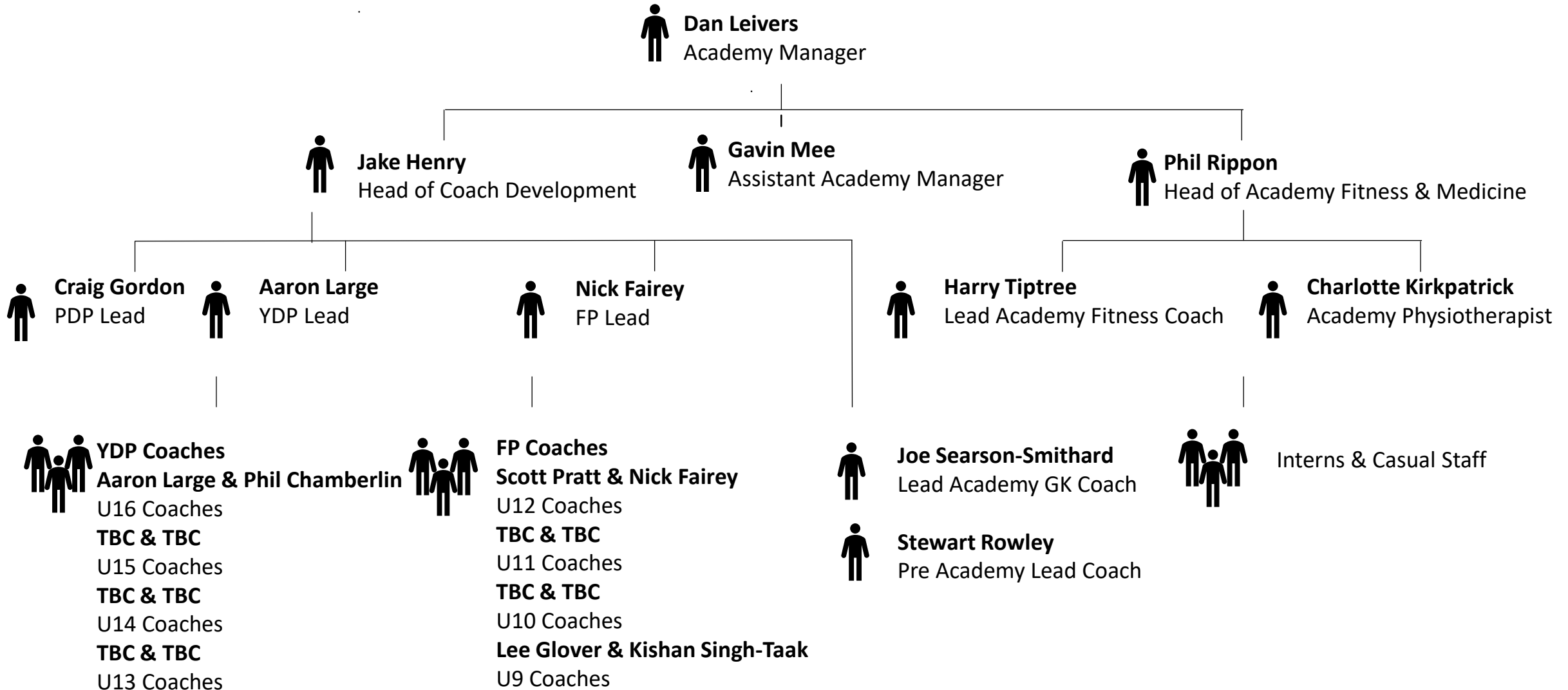
“acting or done in the same way over time, especially so as to be fair or accurate”

EMPATHY.

“showing an ability to understand and share the feelings of another”



>> STAFFING STRUCTURE





Key Academy Contact Details >>

Assistant Academy Manager, Gavin Mee 07768798707
Gavin.Mee@nottscountyfc.co.uk

Head of Coaching, Jake Henry 07811045490
Jake.Henry@nottscountyfc.co.uk

Lead Foundation Phase Coach, Nick Fairey 07779147257
Nick.Fairey@nottscountyfc.co.uk

Head of Academy Medical, Phil Rippon 07879226999
Phil.Rippon@nottscountyfc.co.uk

Head of Player Care, Greg Tempest 07577472416
Greg.Tempest@nottscountyfc.co.uk

Head of Education and Safeguarding, Josh Bradshaw 07444772810
Josh.Bradshaw@nottscountyfc.co.uk



NOTTS COUNTY ACADEMY

Nick Fairey FP Lead Coach

My name is Nick Fairey and I have 20+ year football coaching experience within the Foundation Phase U7-12's both in England and the USA, I have 16+ years experience working within the Academy Enviornment at previous professional clubs Birmingham City, Leicester City, Nottingham Forest, Lincoln City and now here at Notts County FC

I live in Quorn near Loughborough with my wife Charlene and 2 children Lily 14 and Finn 10.



NOTTS COUNTY ACADEMY

Culture

Fun

Challenging

Varied

Child/Player Centered

Process over Outcome

Individual over Team

Potential over 'Right Now'

The Reason over the Result

Greying the Age Group Lines



NOTTS COUNTY ACADEMY

Games Programme

Cat 3 Games Programme – Sundays 11am @ Home.
Away TBC

Additional Games for sufficient minutes (varied)

Cat 1 & 2 Challenge Fixtures

Grass Roots/District/Rep Team Recruitment Games
(Midweek/Saturday)

Aim for a minimum of 75% playing time per player per
game



NOTTS COUNTY ACADEMY

Training and Games Venues

Venues

Notts County FC
Meadow Lane
Nottingham NG2 3HJ

FSM Clifton Football Centre
Farnborough Road
Nottingham NG11 8LU

FSM Southglade Park Hub Football Centre
Southglade Road
Nottingham NG5 5GU



NOTTS COUNTY ACADEMY

Training Nights and Times

Tuesday

U9/U10's 5-6pm @ Meadow lane

U11's 6-7pm @ Meadow lane

U12's 7-8pm @ Meadow lane

Wednesday

U9's 5-6pm @ Meadow Lane

U10's 6-7pm @ Meadow Lane

U11's 7-8pm @ Meadow Lane

U12's 8-9pm @ Meadow Lane

Friday

U9/10/11/12's 5.30-7pm @ FSM Clifton

Saturday

U9/10/11/12's 9.30-10.30am @ FSM Southglide



NOTTS COUNTY ACADEMY

Training Kit

Players to bring all of their kit all of the time;

Boots - Moulds/Blades and Studs

Shin Pads

Flats/Indoor Trainers

Training kit inc

Rain Jacket

Drink

Skins

Weather Gear, Hats Gloves etc

Playing Kit; Will be supplied by the Club for Weekend Fixtures.



TIMETABLE >>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Off	Training Meadow Lane U9/U10's 5-6pm U11's 6-7pm U12's 7-8pm Ball Mastery, SAQ, Evasion Games, S&C, 1v1's, 2v2's	Training Meadow Lane U9's 5-6pm U10's 6-7pm U11's 7-8pm U12's 8-9pm SSG's, Conditioned Games, 3v3's 4v4's Topic Based Games	Off	Training FSM Clifton U9's 5'30-7pm U10's 5.30-7pm U11's 5.30-7pm U12's 5.30-7pm Topic Session	Training FSM Southglade U9's 9.30-11am U10's 9.30-11am U11's 9.30-11am U12's 9.30-11am Match Prep	Game Home/ Away TBC

Match details will be sent via Email

(Times/Venues could change due to away team logistics)



NOTTS COUNTY ACADEMY

Training Topics

Technical

Movement off the Ball

Receiving Skills

Ball Protection

Turning

Dribbling

Passing

Finishing

Combination Play

Tactical

Find a, Way Out/Through/In/A finish

Away From Pressure

To Create

Out of Possession



>> PLAYER REVIEWS AND ILP'S PROCESS





PMA

PMA gives you an opportunity to look at the following across the season;

- **Phase reviews every 12 weeks**
- **Bi-Annual Reviews**
- **End of season Reviews**

you haven't got access to PMA, contact Gavin Mee who will email you and give you an option to re-set password



NOTTS COUNTY ACADEMY

Build a Atmosphere

Feel free to make as much noise as you want as long as it's positive!!

No Coaching – Leave that to us

Discourage your sons attention at Training/Match Time

Spectating at training always welcome

Balcony viewing in Sports Hall



GOALKEEPERS



GK Coaching

- Goalkeeping will be led by Joe Searson.
- 2 GK specific sessions a week on Tuesdays and Fridays at FSM Clifton.
- Big emphasis on creating a fearless environment where mistakes are not to be feared but accepted.
- Sessions will have a technique/tactical aspect over multiple weeks.
- Continuity between age groups, with the under 9s - B team all working on the same topics.
- Close relationships with GK and Age Group Coach with constant communication to identify strengths, weaknesses and concerns.



Medical and Fitness



>> Who are we?

>> Philip Rippon – Head of Academy

>> Been at Notts County as Academy Physiotherapist for the past four season.

>> Worked for Nottingham Panthers Ice Hockey Club prior.

>> Charlotte Kirkpatrick – Academy Physiotherapist

>> Has worked for the club for 1 season

>>has worked in football for 6 season, mainly Long Eaton united

>> Jasmine Kasprzyk – Academy Therapist

>> Was on placement at the club last season and now joins to aid schoolboys with rehabilitation of injury



>> Medical

>> Injury reporting:

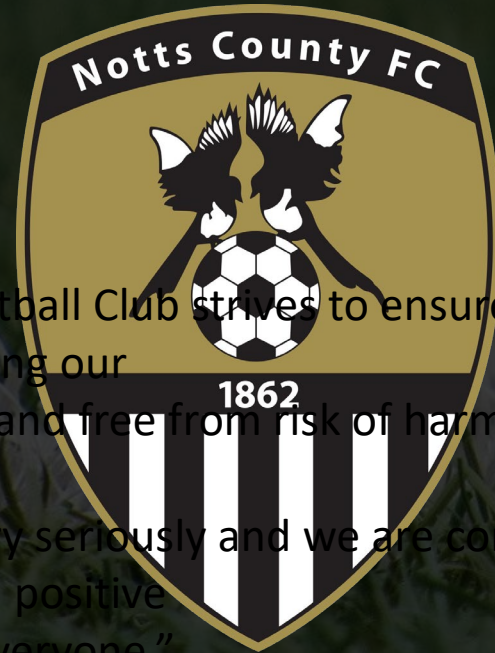
>> Will now be done through teams instead of Whatsapp.

>> Injury Clinics:

>> New injuries will be assessed by Charlotte on a Tuesday Evening at Meadow Lane.

>> Rehabilitation will be done at either Meadow Lane or Clifton. If you are injured, you will be expected to come to training for rehab during your age group training session.

>> WE WILL GO THROUGH THIS WITH ALL PARENTS/PLAYERS AT ANOTHER DATE WHEN WE CAN SPEND SOME TIME WITH YOU ALL



“Notts County Football Club strives to ensure that everyone in our care or attending our activities feel safe and free from risk of harm. The Club takes its safeguarding responsibilities very seriously and we are committed to creating a safe and positive environment for everyone.”

Safeguarding

“Notts County Football Club strives to ensure that everyone in our care or attending our activities feel safe and free from risk of harm. The Club takes its safeguarding responsibilities very seriously and we are committed to creating a safe and positive“



EDUCATION & SAFEGUARDING Head of
Education and Safeguarding
Josh Bradshaw
Josh.Bradshaw@nottscountyfc.co.uk



VISION >>

Our safeguarding vision at Notts County Football Club Academy is to make the protection and well-being of all players and staff our utmost priority in every aspect of our daily operations. We are committed to placing the well-being of every individual above all else, creating a secure and nurturing environment where everyone feels safe, supported, and valued. By upholding the highest standards of safeguarding, we aim to foster a culture of trust, respect, and care, ensuring the holistic development and flourishing of all individuals within our Academy community.

MISSION >>

- Prioritize the safeguarding of all players and staff above all else.**
- Dedicated to ensuring the well-being and safety of every individual within our daily operations.**
- Place the highest importance on safeguarding to create a secure and protective environment.**
- Foster the welfare of all members of our Academy.**
- Enable them to thrive in a safe and supportive environment.**

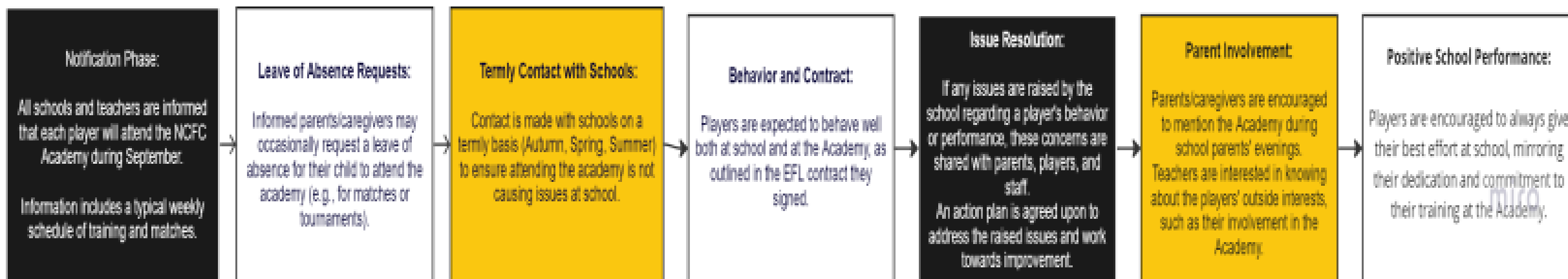


>> Aims and Key Principles

The Aims of NCFC Safeguarding Children and Young Persons Policy are:

- To safeguard all children and young people who interact with the NCFC through its Football and Development Programme and its Academy.
- To demonstrate best practice in safeguarding children.
- To positively reflect and promote NCFC values regarding safeguarding children.
- To develop a positive and pro-active welfare programme to enable all children and young people to participate in an enjoyable and safe environment.
- To encourage parents and other members of the child or young person's family to be involved in a relationship with NCFC.
- To ensure that Coaches, parents, and other adults who meet children and young people provide good role models of behaviour.
- To promote high ethical standards throughout NCFC and its Academy programme.

>> EDUCATION STRUCTURE



"In the world of sports, blending football and academics harmoniously forms a complete journey of growth. Just like a football academy hones players' skills, it's vital to cultivate their minds too. True greatness emerges when the energy of the game is enriched by intellectual prowess."

Player Care Officer:

Greg Tempest

Email:

Greg.Tempest@Nottscountyfc.co.uk

Former Professional Footballer
for Notts County, Lincoln City
and Northern Ireland
International

Since leaving football have
been in Education for the past
6 years as Behavior support,
Student Support manager and
Year Leader.





>>Player Care Introduction

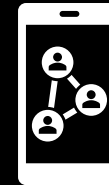


>> Life Skills Programme



Media Training

Social Media Training



Player Voice

Nutrition



Equality, Diversity & Inclusion



'WHO AM I?'



Mental Health & Wellbeing

ers **Fill your boots**

That

JD premier Facilities & Building Services Maintenance Installations Tel: 0115 930 3026 www.premierfm.co.uk



>>Parent Voice

To allow the Parents at Notts County Football Club to have a voice and to help the Academy be a better place, also help to improve learning and ultimately player development in the Academy.

Across the season the Academy Manager holds meetings with individual Age Group Reps, Phase Reps and all Reps. Each of these meetings happens in the following schedule:

- Age group – August / October / February / April
- Phase – September / May
- All – December / July
- During meetings important information is exchanged, however the focus of the meetings is for the parents to give feedback to the Academy Manager on their experience of having a player within the group.



>>Player Welfare Check-in

Player Welfare is a vital component in assuring every player feels safe and happy when at the football club.

Our player care officer Greg Tempest will be available throughout the year should any player wish to book a welfare meeting with him to discuss any issues or concerns they have.



>>Aftercare and Transition

Whilst there are many positives about participating in academy football, we recognize that some parts of the academy experience can be stressful for young people and their parents/carers. This is particularly heightened at points of transition and release.

As a Football club we want to make the transition and offer an aftercare package suitable for players at u8's to u12's (FDP) u13's to u16's (YDP) and u17's to u18's+ (PDP).



>>Aftercare and Transition u8's to u12's (FDP)

Leaving an academy at a young age can be an upsetting process for a young player but one that should not stop or deter them from continuing to develop as a player or as a person.

There are ways we can help this transition and help support moving forward:

- Contacting grassroots teams local to the player and supporting this transition.
- Wellbeing checks to talk about next steps.
- 'Who am I?' Making sure every player uses this incitive to support themselves with moving forward as a footballer as well a person.



Any Questions